

Lorri Kanauss, PhD, RD, LDN, CDCES

Business Address

Western Illinois University
Stipes Hall 402 M
Macomb, IL 61455
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EDUCATION

- Ph.D. **Public Health (2012)**
Specialization: Community Health Promotion and Education
Walden University
Minneapolis, MN
Dissertation Topic: **The impact of school wellness team members' professional credentials and motivating needs on the effectiveness of nutrition related policies**
- M.S.P.H. **Public Health (2007)**
Walden University
Minneapolis, MN
- M.S.Ed. **Interdisciplinary Studies (1997)**
Western Illinois University
Macomb, IL
Thesis: **The effect of focus group menu planning on menu satisfaction in a senior citizens congregate meal site**
- B.S. **Home Economics (1994)**
Emphasis: Dietetics
Western Illinois University
Macomb, IL

LEADERSHIP DEVELOPMENT

Special Assistant to the Chair of Dietetics, Fashion Merchandising, and Hospitality, August 2017-May 2018

- Responsible for assisting in the compilation and writing of the annual report; Attend COEHS Administrative Council Meetings; Develop departmental faculty meeting agendas; Assist in development of course schedules; Represent department at commencement exercises; Serve as liaison between faculty/ staff and chair.

Didactic Program in Dietetics (DPD) Program Director, 2009-Present

- Responsible for communicating with the Accreditation Council for Education in Nutrition and Dietetics (ACEND) regarding program requirements, maintenance and evaluation; Submitting annual data report on enrollment to ACEND; Maintaining retention data; Responsible for timely submission of reports, and requests for major program changes as well as requests to University officials for timely payment of annual fees.

Bella Hearst Diabetes Institute Director, 2003 – Present

- Collaborated in the development and writing of a multidisciplinary competitive grant for diabetes prevention, education and treatment of young students with diabetes. Acted as fiscal agent for the grant and have been responsible for all budgeting. Hired and supervised student managers each academic year.

PROFESSIONAL HISTORY**Western Illinois University, Macomb, Illinois**

July 2018 – present

- **Professor of Dietetics** - Tenured faculty member with full graduate faculty status in the Department of Kinesiology within the College of Education and Human Services. Teach upper-level undergraduate courses in the dietetics program.
Undergraduate Majors

Western Illinois University, Macomb, Illinois

August 2015 – June 2018

- **Professor of Dietetics** - Tenured faculty member with full graduate faculty status in the Department of Dietetics, Hospitality, and Fashion Merchandising within the College of Education and Human Services. Teach upper-level undergraduate courses in the dietetics program.
Undergraduate Majors

Western Illinois University, Macomb, Illinois

August 2008 – May 2015

- **Associate Professor of Dietetics** - Tenured faculty member with full graduate faculty status in the Department of Dietetics, Hospitality, and Fashion Merchandising within the College of Education and Human Services. Teach upper-level undergraduate courses in the dietetics program.
Undergraduate Majors
- **Didactic Program in Dietetics Program Director** – August 2009-Present – Responsible for communicating with the Accreditation Council for Education in Nutrition and Dietetics (ACEND) regarding program requirements, maintenance and evaluation; Submitting annual data report on enrollment to ACEND; Maintaining retention data; Responsible for timely submission of reports, and requests for major program changes as well as requests to University officials for timely payment of annual fees.

Western Illinois University, Macomb, Illinois

August 2002 – May 2008

- **Assistant Professor of Dietetics** - Tenure-track faculty member with full graduate faculty status in the Department of Dietetics, Hospitality, and Fashion Merchandising within the College of Education and Human Services. Teach upper-level undergraduate courses in the dietetics program.
Undergraduate Majors
- **Director of the Bella Hearst Diabetes Institute** – 2003-Present – Collaborated in the development and writing of a competitive grant for diabetes prevention, education and treatment of young students with diabetes. Acted as fiscal agent for the grant and have been responsible for all budgeting. Hired and supervised student managers.

Quincy Medical Group – Quincy, IL

May 1997 – May 2003

- **Outpatient Dietitian** – Educated patients in an outpatient setting for a variety of conditions including weight management, diabetes, hyperlipidemia, renal disease and allergies. Developed and implemented individualized nutrition care plans based on assessment of patient's diagnosis, nutritional status, educational needs, and stated goals. Worked as part of a multidisciplinary team to increase patients' cooperation in following recommended dietary treatments. Taught monthly classes at cardiac rehabilitation and gave numerous presentations in the community on a variety of nutrition-related topics.

Cottage Hospital – Galesburg, IL

August 1996 – April 1997 full-time (then 1-2 days per month until August 2002)

- **Clinical Dietitian** - Planned, directed and provided nutritional education to both inpatients and outpatients. Clinical experiences including renal dialysis, diabetes, life-management, chemical dependency, medicine, surgery, nutrition support, cardiology and pediatrics.

YMCA of McDonough County Senior Citizen's Center – Macomb, IL

November 1995 – July 1996

- **Nutrition Coordinator** – Planned, organized, and distributed both congregate meals and home-delivered meals for multiple sites in McDonough County. Performed grant and budget writing, menu planning and quality control.

Western Illinois University – Macomb, IL

August 1995-May 1996

- **Research Graduate Assistant** – Assisted graduate faculty in the department of Education and Interdisciplinary Studies with research activities including database searches, article retrieval, and organization of data.

Indiana University Medical Center – Indianapolis, IN

August 1994-June 1995

- **Dietetic Intern** – 11-month supervised practice experience in an American Dietetic Association Accredited Dietetic Internship at a 700-bed tertiary care medical center.

Clinical experiences included renal dialysis, diabetes, cardiology, medicine and pediatrics at Riley Hospital for children. Management and community nutrition experiences included administration, catering, staff education, production, purchasing, and Marion County Public Health.

CONTRACTED/VOLUNTEER PROFESSIONAL WORK

2017 **External Reviewer-University of Northern Colorado, Greeley, CO**
 2010-2012 **Consultant Dietitian-WIU Athletic Department-Macomb, IL**
 2007-2011 **Consultant Dietitian-MOSIAC-Macomb, IL**
 2008-2010 **Consultant Dietitian-WIU Eating Concerns Coalition – Macomb, IL**

PROFESSIONAL CERTIFICATIONS AND LICENSES

- **Commission on Dietetic Registration** – Registered Dietitian #831719
- **Illinois Department of Financial and Professional Regulation** – Licensed Dietitian/Nutritionist #164002422
- **Certification Board for Diabetes Care and Education** - Certified Diabetes Care and Education Specialist #09920352
- **American Dietetic Association** - Certificate in Adult Weight Management

PROFESSIONAL ORGANIZATIONS AND ACTIVITIES

- **American Public Health Association** – Former Member
- **Academy of Nutrition and Dietetics** – Member
- **Dietetic Educators of Practitioners** – Member
- **Academy of Certified Diabetes Educators** – Former Member
- **National Wellness Institute** – Former Member
 - Reader of Applications for the Institute's Academic Accreditation Process
 - Member National Wellness Institute Proposal Review and Planning Committee
- **Accreditation Council for Education in Nutrition and Dietetics (ACEND)** - Program Reviewer (2005-2020)
 - **(2011) Site Visitor** for the Dietetic Internship/Undergraduate Dietetic Program at Arizona State University in Phoenix, AZ
 - **(2009) Site Visitor** for the Dietetic Internship of Porterville Developmental Center Dietetic Internship in Porterville, CA
 - **(2008) Site Visitor** for the Dietetic Internship of Southern Regional Medical Center in Atlanta, GA
 - **(2006) Site Visitor** for the Dietetic Internship of University Medical Center Support Services in Tucson, AZ
 - **(2006-present) Paper Reviewer** of numerous program assessment reports for dietetic technician programs, undergraduate dietetic programs, and dietetic internships

- **(2005, 2010, 2014, 2017) Training**---Attended two-day training in Chicago, Boston, Atlanta, and Chicago respectively after completion of 10 hours of online modules

COURSES TAUGHT AT THE UNIVERSITY LEVEL

Introduction to Nutrition (traditional classroom, First year Experience (FYE), online)
 Nutrition Assessment
 Communication and Education in Dietetics
 Medical Nutrition Therapy I and II
 Community Nutrition
 Dietetics Pre-Internship
 Healthy Cooking (traditional classroom and online)
 Weight Management (traditional classroom and online)
 Nutrition Science I
 Issues and Topics in Diabetes
 Principles of Professional Practice
 Child Nutrition and Health
 Dietetic Field Trip
 Dietetics Practicum
 Nutrition and Foodservice Management Practicum
 Nutrition and Foodservice Management Internship
 Personal Health Promotion
 Community Health Program Development and Evaluation
 Women's Health
 Methods and Techniques of Health Education
 Methods and Techniques for Health-Related Communication and Education
 Community Nutrition and Health Program Development
 Principles of Epidemiology and Health Informatics
 Nutrition in Quantity Foods Management I
 Nutrition in Quantity Foods Management II
 Human Diseases

UNDERGRADUATE RESEARCH/HONORS/INDEPENDENT STUDY MENTORING

- 2023 **Mentored 1 Illinois Centennial Honors College Project**
- Hicks, E. *The Current State of COVID Regulations and Recommendations Worldwide and the Differences Among Countries*
- 2022 **Mentored 2 Illinois Centennial Honors College Projects**
- Forde, E. *The Differences and Similarities in Nutrition Education Among Five Caribbean Islands*
 - Econie, S. *The Dysphagia Diet and the Thickening of Liquids*

- 2021 **Mentored 1 Illinois Centennial Honors College Project**
- Econie, S. *Probiotics and Prebiotics: Availabilities within the Modern-Day Market*
- 2019 **Mentored 4 Illinois Centennial Honors College Projects**
- Reed, A. *Soft/Ground Diet for Long Term Care Presentation/Handout*
 - Rodarte, C. *Soft/Ground Diet for Long Term Care Presentation/Handout*
 - Guenther, E. *Pureed Diet for Long Term Care Presentation*
 - Michels, M. *Feeding a Family on a Budget with Food Pantry Items*
- 2018 **Mentored 1 Illinois Centennial Honors College Projects**
- Michels, M. *Farm to Fork Meal Presentation*
- 2017 **Mentored 4 Illinois Centennial Honors College Projects**
- Lewandowski, D. *Nutrition and Exercise Surveys and Analysis*
 - Guenther, E. *Building Nutrition Education*
 - McTaggart, K. *Healthy Eating Habits Presentation*
 - Ragsdale, S. *Nutrition and Exercise Surveys and Analysis*
- 2016 **Mentored 2 Illinois Centennial Honors College Projects**
- Brown, A. *Monthly Amount Spent on Food, Alcohol, and Eating Out Among Nutrition Educated College Students*
 - Osman, J. *Sugar-Sweetened Beverages Consumption Among Nutrition Educated Young Adults*
- 2015 **Mentored 3 Illinois Centennial Honors College Projects**
- Brown, L. *Nutrition Assessment of Macomb, IL Residents Who Attend Soup N' More*
 - English, S. *Nutrition Lesson Plans for Elementary Through High School-aged Students*
 - Perry, A. *Educating a Navy Command on Grocery Shopping for Healthy Meals*
- 2015 **Undergraduate Research Day---Faculty Research Mentor**
- Sell, A. *What was the Impact of Nutrition Education Provided During a Salmon Cooking Class?* Poster Presentation.
- 2015 **Undergraduate Research Day---Faculty Research Mentor**
- Horney, L. *Quinoa Cooking Class: The Impact of Dietetics Student Provided Education on Nutrition Knowledge.* Poster Presentation.
- 2015 **Mentored 2 Illinois Centennial Honors College Projects**
- Horney, L. *Quinoa Cooking Class*
 - Sells, A. *Salmon Cooking Class*
- 2011 **Independent Study Mentor**
- Dieken, A. *Healthy Recipe Selection and Management of Community/Campus Cooking Sessions*
- 2011 **Mentored 2 Illinois Centennial Honors College Projects**
- Fuegen, A. *Athlete Cook Book and Nutrition Guidelines*
 - Myers, A. *Dietetic Internship Application Process Handbook*
- 2010 **Independent Study Mentor**
- Galor, J. *Practical Dietetic Exposure/Portfolio/Presentation*

- 2010 **Undergraduate Research Day---Faculty Research Mentor**
- Frondal, K. & Roy, E. *Body Weight Status, Physical Activity, and Meal Patterns of Students on Campus of Western Illinois University*. Podium Presentation.
- 2009 **Undergraduate Research Day---Faculty Research Mentor**
- Gier, H. *The Effects of a Hypoglycemic Seizure on the Body of a Person with Diabetes*. Poster Presentation.
- 2009 **Undergraduate Research Day---Faculty Research Mentor**
- Melton, A. & Myers, A. *Food Acceptability: Risk of Cardiovascular Disease and Diabetes on the Campus of Western Illinois University*. Podium Presentation.
- 2009 **Mentored 2 Illinois Centennial Honors College Projects**
- Wetzel, H. *Women Out Walking Grant: General Nutrition Tips and Recipe Modification*
 - Dawson, L. *Walking for Health Education Boards*
- 2009 **Independent Study Mentor**
- Gier, H. Bella Hearst Diabetes Institute Activities
- 2009 **Independent Study Mentor**
- Dunn, M. *12-Week Nutrition Lessons for Multidisciplinary Research Project with the Bella Hearst Diabetes Institute*
- 2008 **Undergraduate Research Day---Faculty Research Mentor**
- Miller, S. *Aging Mental Health, Diet and Exercise Relationship*. Poster Presentation.
- 2008 **Undergraduate Research Day---Faculty Research Mentor**
- Daw, M. *Aging Mental Health, Foods, Nutrition, Dietary Supplements, and Functional Foods*. Poster Presentation.
- 2008 **Mentor/Chaperone for Illinois Department of Public Health Annual Meeting**
- Miller, S. *Aging Mental Health, Diet and Exercise Relationship*. Poster Presentation.
- 2008 **Mentor/Chaperone for Illinois Department of Public Health Annual Meeting**
- Daw, M. *Aging Mental Health, Foods, Nutrition, Dietary Supplements, and Functional Foods*. Poster Presentation.
- 2007 **Undergraduate Research Day---Faculty Research Mentor**
- Robb, L. *Assessing First Year Experience Students' Knowledge of Diabetes and Proposing Appropriate Educational Efforts through the Bella Hearst Diabetes Institute to Improve Diabetes Knowledge*. Podium Presentation.
- 2007 **Independent Study Mentor**
- Robb, L. Bella Hearst Diabetes Institute Activities
- 2007 **Undergraduate Research Day---Faculty Research Mentor**
- Miller, S. *Determining a Diabetes Knowledge Gap among Minority Freshmen at Western Illinois University*. Poster Presentation.

- 2006 **Undergraduate Research Day---Faculty Research Mentor**
- Meister, S. *The Bella Hearst Diabetes Institute Fulfills Competencies Required by the Commission on Accreditation for Dietetics Education.* Podium Presentation.
- 2006 **Undergraduate Research Day---Faculty Research Mentor**
- Kenny, T. & Walljasper, S. *Students Agree That Cooking Demonstrations Presented in the Residence Hall Cafeterias are Beneficial and Useful.* Poster Presentation.
- 2005 **Undergraduate Research Day---Faculty Research Mentor**
- Meister, S. & Bukowy, H. *The Need to Increase Campus-Wide Diabetes Prevention Through an Interdisciplinary Approach.* Poster Presentation.
- 2004 **Independent Study Mentor---Establish Bella Hearst Diabetes Institute**
- Appiah, A. *Student Coordinator*
 - Bergschneider, A. *Survey Administration*
 - Salata, R. *Office Manager*
 - Spengelmeyer, K. *Public Relations*
 - Garner, M. *Instructional Materials*
 - Vanderlee, A. *Web Master*
- 2003 **Mentored 3 Illinois Centennial Honors College Projects**
- Spengelmeyer, K. *Children's Nutrition Education Activities/Games*
 - Bergschneider, A. *Updating the Dietetic Area on the Department Website*
 - Salata, R. *Practical Nutrition Information Manual*

REFEREED ABSTRACTS

Kanauss L, Greathouse KR. (2006). Effective Peer Communication Strategies for Lifestyle Changes on a Midwestern University Campus. *Journal of the American Dietetic Association*, A72.

Kanauss, L, Greathouse KR, McMillan CS, Graham RE, Davey M, Moore S. (2005). Tailoring intervention strategies to manage students with diabetes on a university campus. *Journal of the American Dietetic Association*, 105; Suppl. 2, A55.

Kanauss, L, Greathouse KR, Davey M, Moore S, McMillan CS, & Graham RE. (2005). Risk factors for development of diabetes in undergraduate students at a Midwestern university. *Journal of the American Dietetic Association*. 105; Suppl. 2, A52.

PUBLISHED ABSTRACTS IN CONFERENCE PRECEEDINGS

Kanauss, L. & Shupe, E. (October 2014). SLIDE- *Service Learning in Dietetics Education: Opportunities and Challenges* poster presentation at the Maryville SoTL Conference in St. Louis, Missouri.

Shupe, E. & **Kanauss, L.** (October 2014). “Wheel” *World Practice: Collaboration between the Dietetics Program at WIU and Titan International in Quincy, IL* presentation at the Maryville SoTL Conference in St. Louis, Missouri.

Kanauss, L. (June 2014). *The School Nutrition Landscape: Room for Reshaping in the Next 5 Years* poster presentation at the National Wellness Conference in Minneapolis, Minnesota. (Award of Excellence).

Kanauss, L., McMillan, C., Graham, R., Satern, M., & Hamilton-Hancock, D. (July 2012). *Give Me Ten* presentation at the National Wellness Institute Conference in Stevens Point, Wisconsin.

PUBLICATIONS

Beto, J.A., Holli, B.B., and Nutrition and Dietetics Educators and Preceptors of the Academy of Nutrition and Dietetics. (2024). *Nutrition Counseling and Education Skills: A Practical Guide*. (8th ed.) Jones and Bartlett Learning, Burlington, MA.

- **Contributing Author of Chapter 15: Facilitating Group Learning**

Kanauss, L. (2016). School wellness teams: What professions/credentials are represented? *International Journal of Health, Wellness, and Society*, 7; 85-93.

Kanauss, L. & Shupe, E. (2016). Academic and Industry Collaboration: A Nutrition-related Worksite Wellness Program. *International Journal of Health, Wellness, and Society*, 6; 1-7.

Kanauss, L., McMillan, C., Graham, R., Satern, M., & Hamilton-Hancock, D. (2016). BELLA (Better Education for Lasting Lifestyle Achievement). *Journal of Sport and Health*, 2; 33-40.

Kaul, R., Shupe, E. & **Kanauss, L.** (2016). Presenting Food and Culture: Teaching Nutrition through "Learning by Doing". *The International Journal of Interdisciplinary Organizational Studies*, 11; 27-34.

Kanauss, L. & Shupe, E. (2014). Nutrition-related Service-Learning Activities on a University Campus. *International Journal of Health, Wellness, and Society*. 2; 29-37.

Kanauss, L. & Shupe, E. (2014). Dietetics Curriculum: Incorporating Service-Learning Activities to Meet Required Competencies. *International Journal of Adult, Community and Professional Learning*. 1; 15-22.

Shupe, E. & **Kanauss, L.** (2014). Education and Experience Beyond the Classroom: University Dietetic Students Involvement with Nutrition-related Workplace Wellness Program for an International Company. *International Journal of Learning in Higher Education*. 21; 1-6.

Von Minden, A. & **Kanauss, L.** (1996). Multicultural Mathematics Education Annotated Bibliography. In J.Q. Adams & J.R. Welsch (Eds.), *Multicultural Prism: Voices from the Field Volume 2* (p. 223-228). Macomb, IL: Western Illinois University.

PROFESSIONAL PRESENTATIONS

Kanauss, L. (October 2016). *School Wellness Teams: What Professions/Credentials are Represented?* presentation at the International Conference on Health, Wellness, and Society in Washington DC.

Kanauss, L. & Shupe, E. (September 2015). *Academic and Industry Collaboration: A Nutrition-related Worksite Wellness Program* presentation at the International Conference on Health, Wellness, and Society in Madrid, Spain.

Shupe, E., Kaul, R. & **Kanauss, L.** (September 2015). *Presenting Food and Culture: Teaching Nutrition through Learning by Doing* presentation at the International Conference on Health, Wellness, and Society in Madrid, Spain.

Kanauss, L. & Shupe, E. (April 2015). *Community Collaboration between the Dietetics Program at Western Illinois University and Titan International in Quincy, IL* poster presentation at the Illinois Academy of Nutrition and Dietetics in Oakbrook, IL.

Kanauss, L. & Shupe, E. (October 2014). *SLIDE- Service Learning in Dietetics Education: Opportunities and Challenges* poster presentation at the Maryville SoTL Conference in St. Louis, Missouri.

Shupe, E. & **Kanauss, L.** (October 2014). *“Wheel” World Practice: Collaboration between the Dietetics Program at WIU and Titan International in Quincy, IL* presentation at the Maryville SoTL Conference in St. Louis, Missouri.

Kanauss, L. & Shupe, E. (July 2014). *Dietetics Curriculum: Incorporating Service-Learning Activities to Meet Required Competencies* presentation at the International Learning Conference in New York, New York.

Shupe, E. & **Kanauss, L.** (July 2014). *Education and Experience Beyond the Classroom: University Dietetic Students Involvement with Nutrition-related Workplace Wellness Program for an International Company* presentation at the International Learning Conference in New York, New York.

Kanauss, L. (June 2014). *The School Nutrition Landscape: Room for Reshaping in the Next 5 Years* poster presentation at the National Wellness Conference in Minneapolis, Minnesota. (Award of Excellence).

Kanauss, L. (March 2014). *Academics and Athletics: Nutrition Collaboration on a Midwestern University Campus* presentation at the International Conference on Health, Wellness, and Society in Vancouver, Canada.

Shupe, E. & **Kanauss, L.** (March 2014). *Nutrition-related Service-Learning Activities on a University Campus* presentation at the International Conference on Health, Wellness, and Society in Vancouver, Canada.

Kanauss, L., McMillan, C., Graham, R., Satern, M., & Hamilton-Hancock, D. (July 2012). *Give Me Ten* presentation at the National Wellness Institute Conference in Stevens Point, Wisconsin.

Kanauss, L., Hamilton-Hancock, D., Satern, M., Graham, R., & McMillan, C. (March 2012). *BELLA-Better Education for Lasting Lifestyle Achievement: An Interdisciplinary Approach* presentation at the International Conference on Health, Wellness, and Society in Chicago, Illinois.

Panelist for Area V Dietetic Educators of Practitioners (April 2007). Annual Meeting in Indianapolis, IN on the topic of *CADE Site Reviewers*.

Kanauss, L. & Greathouse, KR. (March 2007). *Effective Peer Communication Strategies for Lifestyle Changes on a Midwestern University Campus* poster presentation at the Illinois Dietetic Association Spring Meeting in Oakbrook, Illinois.

Kanauss, L. & Greathouse KR. (October 2005). *Tailoring Intervention Strategies to Manage Students with Diabetes on a University Campus* poster presentation at the American Dietetic Association Food and Nutrition Conference and Expo, St Louis, Missouri.

Kanauss, L. & Greathouse KR. (October 2005). *Risk Factors for Development of Diabetes in Undergraduate Students at a Midwestern University* poster presentation at the American Dietetic Association Food and Nutrition Conference and Expo, St Louis, Missouri.

Kanauss, L. & Greathouse KR. (October 2005). *Food Issues for the Teen Generation* presented with Dr. Karen Greathouse at the Illinois Association of Family & Consumer Sciences, Springfield, Illinois.

RESEARCH GRANTS

2009. Illinois Department of Public Health (**\$16,500**) for the *Heart Smart for Women* program as the **Project Director**.

2008. Illinois Department of Public Health (**\$17,000**) for the *Heart Smart for Women* program as the **Project Director**.

2007. Illinois Department of Public Health (**\$19,000**) for the *Heart Smart for Women* program as the **Project Director**.

2004. Bella Hearst Estate (**\$104,919**) for the establishment of the Bella Hearst Diabetes Institute on the campus of Western Illinois University.

MANUSCRIPT REVIEWS

2023	Reviewed <i>Human Diseases</i>
2022	Reviewed <i>Health Now: An Integrative Approach to Personal Health</i>
2022	Reviewed <i>Nutrition: Real People, Real Choices</i> (Chapters 7 and 16)
2021	Reviewed <i>Connect Master: Nutrition</i>
2021	Reviewed Pope's <i>Nutrition for a Changing World</i>
2020	Reviewed 15 Chapters of Holli and Beto's <i>Nutrition Counseling and Education Skills: A Guide for Professionals. 7e.</i>
2017	Reviewed 2 Chapters of DeBruyne's <i>Nutrition and Diet Therapy 9e.</i> (Fiber-Modified Diets for Lower Gastrointestinal Tract Disorders and Carbohydrate and Fat Modified Diets for Malabsorption Disorders)
2017	Reviewed 7 abstract submissions for the American Public Health Association Annual Meeting (Cancer Forum program)
2017	Reviewed 4 abstract submissions for the American Public Health Association Annual Meeting (Public Health Education and Health Promotion professional community)
2017	Reviewed 14 abstract submissions for the American Public Health Association Annual Meeting (Food and Nutrition professional community)
2017	Reviewed 4 abstract submissions for the American Public Health Association Annual Meeting (PHEHP Student Award Contest program)
2016	Reviewed 3 articles for the International Journal of Health, Wellness, and Society
2016	Reviewed 3 PHEHP Student Award Contest abstract submissions for the American Public Health Association Annual Meeting

- 2016 **Reviewed** 7 abstract submissions for the American Public Health Association Annual Meeting
- 2015 **Reviewed** *Guidelines for Community Nutrition and Public Health Nutrition Practice: Recommended Competencies, Skills and Experiences for Community Nutrition and Public Health Nutrition Professionals* 3rd ed.
- 2015 **Reviewed** 8 abstract submissions for the American Public Health Association Annual Meeting
- 2014 **Reviewed** 16 Conference Proposals for National Wellness Institute Annual Conference
- 2014 **Reviewed** 1 article for the International Journal of Educational Organization and Leadership
- 2014 **Reviewed** 1 article for the International Journal of Adult, Community and Professional Learning
- 2014 **Reviewed** 5 articles for the International Journal of Health, Wellness, and Society
- 2014 **Reviewed** 8 abstract submissions for the American Public Health Association Annual Meeting
- 2010 **Reviewed** Betsy Holli's *Communication and Education Skills for Dietetics Professionals* 5th ed.
- 2009 **Reviewed** 2 chapters of Joan Salge Blake's *Nutrition & You* introduction to nutrition textbook for Pearson Benjamin Cummings
- 2007 **Reviewed** protein chapter in Joan Salge Blake's *Nutrition & You* introduction to nutrition textbook for Pearson Benjamin Cummings
- 2006 **Reviewed** carbohydrate chapter in Joan Salge Blake's *Nutrition & You* introduction to nutrition textbook for Pearson Benjamin Cummings
- 2006 **Reviewed** 4 chapters of the Schiff Personalized Nutrition text for McGraw-Hill Higher Education (Planning Nutritious Diets, Evaluation of Nutrition Information, Body Basics, and Carbohydrates)
- 2005 **Reviewed** Type 2 Diabetes and Obesity Accredited Learning Program for 10 Continuing Professional Education Units

EXAMINATION DEVELOPMENT

- 2011 **Authored** 495 test bank questions for Thompson/Manore, *Nutrition: An Applied Approach* for the 3rd ed. (5 chapters and 5 chapter supplements---Alcohol, Fluid Imbalance, Cancer, Osteoporosis, and Dietary Supplements)
- 2007 **Authored** test bank questions for Thompson/Manore *Nutrition: An Applied Approach* for the 2nd ed.
- 2007 **Authored** test bank of over 500 questions writer for Joan Salge Blake's *Nutrition & You* introduction to nutrition textbook for 10 Chapters (Nutrition and Fitness, Life Cycle Nutrition (Pregnancy

through Infancy), Life Cycle Nutrition (Toddlers through the Later Years), Food Safety and Technology, Hunger at Home and Abroad, Proteins and Amino Acids, Vitamins, Minerals and Water, Alcohol, Weight Management)

OTHER PROFESSIONAL ACTIVITIES

- 2023 **Prepared/Submitted** the Western Illinois University Undergraduate Dietetic Program Self Study for the Accreditation Council for Education in Nutrition and Dietetics
- 2023 **Developed** online NUTR 420 Nutrition and Quantity Foods Management II (new course)
- 2022 **Developed** online NUTR 320 Nutrition and Quantity Foods Management I (new course) and HS 410 Human Diseases
- 2021 **Developed** online HS/NUTR 411 Epidemiology and Nutrition Informatics (new course), NUTR 406 Medical Nutrition Therapy I, HS/NUTR 407 Methods and Techniques for Health-Related Communication and Education (new course), NUTR 410 Medical Nutrition Therapy II, NUTR 438 Nutrition Pre-Internship, HS/NUTR 408 Community Nutrition and Health Program Development (new course)
- 2020 **Developed** online version of NUTR 209 Intermediate Nutrition and NUTR 404 Nutrition Assessment
- 2016 **Organized/Collaborated/Prepared** for a site visit by the Accreditation Council for Education in Nutrition and Dietetics
- 2016 **Prepared/Submitted** the Western Illinois University Undergraduate Dietetic Program Self Study for the Accreditation Council for Education in Nutrition and Dietetics
- 2015 **Organized/Collaborated/Prepared** a feasibility study for a Public Health Nutrition Master's degree
- 2014 **Awarded** sabbatical for Fall 2014 semester
- 2014 **Participated** in an Introductory Nutrition Forum with Pearson Education in San Francisco, CA.
- 2013 **Developed** professional materials at the Commission on Dietetic Registration Competency Writing Session in Chicago, IL.
- 2013 **Developed** an online version of Weight Management (FCS 450) and co-developed an online version of Healthy Cooking (FCS 450) with Dr. Emily Shupe
- 2013 **Organized/Collaborated/Prepared** a feasibility study for the Nutrition and Foodservice Management major
- 2011-present **Organized/Participated** in a review session for the OSF Saint Francis Medical Center Dietetic Interns and Bradley University Dietetic Interns

2011	Prepared/Submitted the Western Illinois University Undergraduate Dietetic Program Assessment Report for the Commission on Accreditation for Dietetics Education
2011	Collaborated in the preparation of the Bella Hearst Diabetes Institute Review
2007-2010	Collaborated with other Dietetics faculty to present a review session for the OSF Saint Francis Medical Center Dietetic Interns
2007	Completed Cooper Institute training for the Heart Smart for Women program in Bloomington, IL
2006	Developed an online version on the Introduction to Nutrition (FCS 109) course with Dr. Karen Greathouse
2006	Collaborated in the preparation of the Bella Hearst Diabetes Self-Study
2006	Assisted in the selection of the Outstanding Educator Award Recipients for DEP Area V
2005-2006	Assisted with a variety of activities associated with the accreditation site visit of the dietetics program
2005	Completed Faculty Grant Writing Workshop
2005	Quoted on behalf of Western Illinois University in <i>Better Homes and Gardens</i> on Helping Teens Trim Down
2004	Completed Faculty Innovators Program
2004	Assisted in the development of a Nutrition Minor in the DFHM department with 4 new courses

UNIVERSITY SERVICE ACTIVITIES

2022-present	Member , KIN Recruitment and Scholarship Committee
2021-present	Member , UPI Negotiating Committee
2021-present	Member , COEHS Recruitment and Retention Committee
2021-present	Member , COEHS Termination/Sanction Pool
2019-2020	Member , COEHS Grade Appeal/Academic Integrity Committee
2019-2021	Member , COEHS DPC Committee
2019-2020	Member , COEHS Dean Search Committee
2019-2020	Member , UPI Health & Safety Negotiation Committee & Lab Safety Sub Committee
2019-2021	Chair , KIN Personnel Committee
2018-2019	Member , KIN Personnel Committee
2017-2018	Member , COEHS Grade Appeal Committee
2017-2018	Chair , DFMH Grade Appeal Committee
2017-2019	Member , University Writing in the Discipline Committee
2017	Member , Provost Award of Excellence in Teaching Committee
2017	Member , COEHS Associate Dean Search Committee
2016-2018	Member , COEHS Personnel Committee
2016-2018	Chair , DFMH Personnel Committee
2016-2018	Member , University Personnel Committee

2015-2018	Member , LEAP Committee
2015-2016	Member , Campus Health Collaboration Committee
2015-2016	Member , Farm to Fork Dinner Planning Committee
2015-2016	Member , DFMH Personnel Committee
2015-2017	Member , COEHS Curriculum Committee
2014-2015	Chair , DFMH Personnel Committee
2013-2014	Chair , DFMH Dietetics Position Search Committee
2013-2014	Chair , DFMH Adjunct Dietetics Position Search Committee
2013-2014	Member , DFMH Fashion Position Search Committee
2013-2014	Member , Ad Hoc DFMH Program Review Committee
2013-2016	Member , University Wellness Committee
2012-2014	Chair , Department Grade Appeal/Academic Integrity Committee
2010-2017	Chair , Department Curriculum Committee
2010-2013	Member , COEHS Curriculum Committee
2010-2011	Member , DFMH Chair Search Committee
2010-2013	Member , Department Scholarship Committee
2009-2013	Member , Go Red Luncheon Planning Committee
2009-2013	Member , Department Personnel Committee
2008-2010	Member , Department Curriculum Committee
2008-2009	Member , Department Advisory Committee
2008-2009	Member , Department Library Committee
2006-2009	Member , Minority Health Month Committee
2006-2007	Member , CARDIA (Coronary Artery Risk Development in Young Adults) grant committee
2006-2007	Member , Honorary Doctorate Committee
2006-2007	Member , Department Library/Technology Committee
2006-2010	Chair , Department Awards and Scholarship Committee
2005-2006	Member , Department Advisory Committee
2004-2007	Member , Department Assessment Committee
2004-2005	Chair , DFMH Nutrition Instructor Position Search Committee
2004-2006	Member , Council on Student Welfare Committee
2003-2004	Member , University Student Welfare Committee
2003-2010	Member , COEHS Scholarship Committee
2003-2004	Member , DFMH Chair Search Committee
2003-2004	Member , Department Grade Appeal Committee
2002-2016	Co-advisor of the Student Association for Nutrition Education
2002-2006	Member , Department Scholarship Committee
2002-2004	Member , Department Curriculum Committee
2002-2004	Member , Department Library Committee

NUTRITION-RELATED UNIVERSITY SERVICE

2013	Organized a nutrition education session and cooking demonstration for the WIU Leathernecks in Training Program
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2011	Assisted in the organization of the 1 st annual Recipes and Rhythm event of the Bella Hearst Diabetes Institute
2010	Assisted in Go Pink Luncheon
2009-2017	Organized Faculty/Staff Cooking Classes (2-4 each semester)
2009-2013	Organized Go Red Luncheon/Presentation
2009-2012	Sponsor/Organizer of Pride and Responsibility in My Environment (PRIME) summer cooking class
2009	Assisted in the organization of Learning to Salsa While Making Salsa---A Food Demonstration for COEHS week
2007-2016	Sponsor/Organizer Macomb Park District Special Needs Cooking Classes (3-4 each semester)
2007	Organized Blood Glucose Screening at the library in Colchester, IL
2006	Presented on Sports Nutrition to the WIU Women's Volleyball Team (Division I)
2005	Interviewed by a dietetic student for the Western Courier with regard to an article entitled <i>MyPyramid Changes the Rules of Nutrition</i>
2005	Assisted in organizing an informal Diabetes Education Session through the Bella Hearst Diabetes Institute
2005-2011	Supervise/Organize nutrition-related health fair in Sodexo's Dining Centers each semester
2004	Assisted in Organizing a Visiting Lecture <ul style="list-style-type: none"> • Stuart Kopps, MS, RD, LD from McDonough District Hospital to discuss eating disorders and local resources.
2004	Organized/Supervised Students at Wal-Mart's Baby Days <ul style="list-style-type: none"> • Organized students, display table and nutrition information related to pregnancy and infants.
2004-present	Organize/Supervise Glucose Screenings each March and November at University Union
2002-2011	Organize/Supervise Nutrition Assessment Project with WIU Baseball Team (Division I)

PROFESSIONAL SERVICE

2015	Moderator , American Public Health Association Annual Meeting
2014	Member , National Wellness Institute Proposal Review and Planning Committee
2014-2020	Member , McDonough District Hospital Diabetes Education Center Advisory Committee