

Counseling Association Meeting

February 9th, 2016

Attendance: Alicia M., Louise C., Emily N., Julie C., Liz T., Kelsey S.

Vice President Update:

- Safe Space Training- February 18th, 6-7 pm, rm 2406
 - GLSEN- Gay Lesbian Straight Education Network- Safe Space Training
 - What is done-
 - Dr. AA has some stickers, Kelsey is going to make more
 - Emily has purchase request and it is approved by Curtis. She will get two 12 packs of iced tea and two 12 packs of lemonade, as well as three dozen assorted cookies
 - Ordering on 2/15, picking up on 2/18 before the event
 - Emily will leave these items along with napkins and water set out in the GA workroom since she will be in class and won't be available to help set up
 - What still needs to be done-
 - CA members need to talk up this event in class- mention what it is, mention that it will be a resume booster
 - Liz- send out all school e-mails about it this week and next
 - Alicia is making fliers for counseling board
 - Kelsey- e-mail president of groups to promote event
 - Especially the Society for Human Resource Management
- Professional Panel- March 2nd, 5-6 pm, Room TBD (Kelsey will e-mail Curtis)
 - Emily is going to get assorted desserts, enough for 30 people
 - Professional Panel Members:
 - School
 - Sterling- Rock Island (also clinical side experience)
 - Liz is going to talk to one of her supervisors (Haley Wikoff)
 - Emily is going to talk to Judy Wurdinger, Central High School
 - Clinical
 - Need to work on
 - Julie is going to e-mail internship students to nominate their site supervisors
 - Julie is going to let professors of Wednesday classes know about this event just in case it runs a little late

- Manage Your Stress Week
 - Trying to get ahead of the game
 - Ideas- small bubbles- “Blow your stress away”
 - Coloring sheets with their own individual boxes of crayons they can bring with them
 - Having more stuff this time that is just ready to hand out
 - Emily is going to e-mail Curtis about how to buy things not from HyVee
- Miscellaneous
 - The group talked about coming up with a better time for everyone so more people can attend