

## **Counseling Association (CA) Meeting Minutes**

**August 23, 2017**

### **Attendance**

Alicia M., Lauren I., Diane H., Emily F., Crystal W., Traci H., Louise C., Tabatha G., Dr. Alexander-albritton

### **Fall semester meeting times**

Wednesdays (September 27, October 25, November 29, December TBD)

Time: 5:00-6:00 pm

### **NAMI Walk**

Saturday September 23, 2017

We are recruiting for the NAMI walk and are partnering with Chi Sigma, Psych Club to reach our goal.

The goal is to Have 100 walkers and there are 62 walkers signed up so far.

The goal for our fundraiser is \$1000 and we have raised \$570 so far.

The walk will be at Modern Woodmen Park and it is a 5k walk.

The walk will begin at 9:15.

Please contact Jenny Evans to sign up and or give a donation. The link Below takes you to Western Illinois University QC page for more information.

<https://www.namiwalks.org/index.cfm?fuseaction=donordrive.team&teamID=16708>

### **Block Party**

Friday August 24, 2017 in Riverfront Hall from 4-8pm

Friends and Family are welcome

### **Counseling Association Welcome Event**

Date: TBD (Early September)

Food: Pizza

Activities: Games

### **Service Learning**

Date: TBD

We talked about doing a hygiene drive and more information will come later.

### **Professional Development**

Date: TBD

Topic: TBD

### **Manage your stress week**

Date: TBD (Usually in May)

Will decide on activities/food at a later meeting