

Counseling Association (CA) Meeting Minutes March 21, 2018

Attendance

Alicia M., Diane H., Emily F., Crystal W., Dr. Beck, Taalor W, Jennifer E.

Upcoming Events

Elections

Next month during our April meeting we will select new board members. If you are interested in being apart of the Counseling Association and would like to hold a positions please email Alicia Means at al-means2@wiu.edu. She will give you more information on your next steps in this process. There are 5 positions available and those positions are President, Vice President, Secretary, Treasurer, and Social Media Chair. There is one Liaison position available, however, this position is unique because you will have to be apart of CSI and CA to be a liaison. If you are apart of the counseling program you are apart of the Counseling Association and you can run for any position. More information about the specifics of these positions will come later this month.

Next month Chi Sigma Iota will also select new board members. There are 5 positions available for CSI and you have to be a member of CSI to run for a position. Those positions are President, Vice President, Secretary, Treasurer, and Liaison. Jennifer Evans will send out more information regarding the details of those positions and how to become a board member.

There will be a transition meeting for each board member elected and that meeting will be held in May. Becoming a board member is a way to get involved and stay connected in the Western Illinois University family and it is a way to make connections within our community. Please consider holding a position for the next school year.

Take Back the Night in Collaboration with CSI

Date: April 11

Time: 6-8

Location: Atrium and Relaxation in room 1418

This event is open to the public. There will be a speaker, photo booth, coloring, meditation, breathing exercises, and a walk to end the event. No baked goods are needed for this event this year. Please consider joining us as this is a great event for the community.

New Student Orientation

Date: April 16, 2018

Time: 6:30 pm right after the orientation

Diane submitted a budget request for \$123.00

Food served will be wraps, chips, and drinks

Please consider coming to this event to help welcome our new counseling students to the program.

Manage Your Stress Week

Date: April 30th –May 4th

The counseling association will have Therapy Dogs in the Atrium as it was a great success.

Therapy Dogs: May 1st from 11-1 and May 2nd from 2-4

Diane submitted a requested budget of \$125.00. The request was for snacks that will be located in the skywalk. There will be grab and go snack bags located in the skywalk on May 1st

Graduation Reception

Date: May 13th

Time: 3:00-5:00

Where: Riverfront room# 103/104

We will need help setting up the event. So if anyone is interested please keep this date in mind and contact Alicia Means. Currently there are 42 graduates and their families will be in attendance. We are waiting for other students to respond with their total number of attendees. Lauren and Alicia are working on awards for the graduation reception.

Additional Information

During the meeting we also filled out paperwork for the current board and we also discussed the job panel event. We discussed some possibly changes that could be made that may include more attendees to this great event in the future.

Counseling Association Meeting Dates

April 25, 2018

Thanks,

Crystal Williams, CA Secretary