

Counseling Association (CA) Meeting
September 24, 2015

- Attendance
 - Kelsey S, Eryka B, Liz T
- President Update
 - Discussion with Curtis about networking. Curtis brought up trying to help out the WIU Psyc Club, possibly partnering with them. Also, MYSW (Manage Your Stress Week, December 7th – 11th) should be focused throughout all building at WIU-QC.
 - Try to begin working on MYSW earlier this year. Reaching out to get more helpers for this event.
 - Marketing Items: Glow sticks, stress balls, pens, etc. – how to fit this into the budget.
 - Ask Emily about frosting from Block Party for next year.
 - Need to e-mail Curtis when we need rooms, make reservations, sending minutes, sending schedules, meeting times, etc.
 - NAMI walk is this Saturday
 - Talent Grant e-mail
 - ICA Memberships
 - Start the Volunteer Activity sooner, Mid-October to Mid-November to avoid overlapping with other events. Thinking of doing a Hygiene Drive for RYC or selling pizza to raise money for QCAD.
 - Send email out and get opinions about what drive to have for Volunteer Activity.
 - Service Learning in November. Options: Gatekeeper training, Arsenal speaker about kids with deployed parents (also e-mail out to get opinions)
 - Look into getting gift cards for incentives – talk to Curtis.
 - Date of next 3 meetings: Thursday, October 15th; Thursday, November 12th; Thursday, December 3rd